

Whitening

There are several whitening methods available today. Each process is different and can be customized to fit your specific needs. We offer an at-home whitening option and BriteSmile, an in-office whitening procedure performed by specially trained team members. Results vary from person to person so it is important that Dr. Burba evaluate your specific dental needs so we can tailor your treatment to give you great results. Although most people will see moderate to substantial improvement in the brightness and whiteness of their smile, teeth whitening is not a permanent solution and requires maintenance for a prolonged effect.

In-Office Whitening: Models of your teeth are taken to make custom fitted trays. The trays are worn with professional strength whitening solution for approximately 2 weeks or until desired results are achieved.

BriteSmile Whitening: This procedure takes a little over an hour to complete and can give you dramatic results instantly. BriteSmile combines a breakthrough blue-light technology and a special whitening solution so you experience very little or no tooth sensitivity. All you need to do is sit back, relax and watch TV or listen to music.

Types of Stain:

- Extrinsic stains are on the surface of the teeth and are usually caused by food, dark-colored beverages and tobacco.
- Intrinsic stains form on the interior of teeth. This type of stain is very difficult to remove completely but can be improved significantly. Intrinsic stains can be caused by trauma, aging and/or exposure to minerals during tooth formation.

Causes of tooth stain:

- Trauma
 - Grinding
 - Drugs/ Chemicals
 - Eating habits
 - Smoking habits
- To learn about our SPECIALS or to book a Brite Smile Whitening appointment now call our office at 978-744-7575. team@burbadental.com